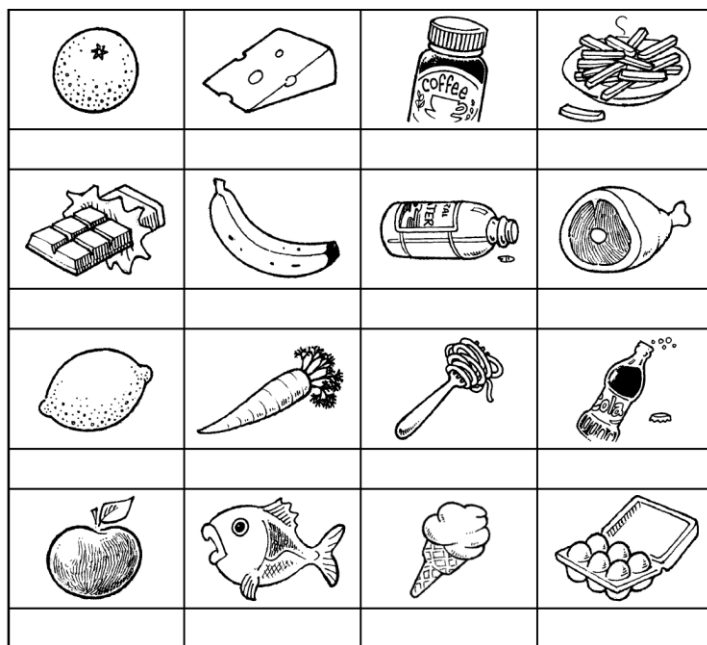


FOOD – COUNTABLE AND UNCOUNTABLE NOUNS



Student's name _____

Date _____ Grade _____

COUNTABLE NOUNS

- Nouns you **can count**
- You can use a / an in front of countable nouns.
- Nouns that have a plural form.

UNCOUNTABLE NOUNS

- Nouns you **can't count**
- Nouns that normally don't have a plural form

- a) Color and give the name of each picture, then number them from the one you like the most a last one.

- c) Use **a / an** or **some** and write **C** for countable or **U** for uncountable.

- We can make uncountable nouns countable to express quantity. We add a unit or a quantity with **"OF"**

e.g. **a bar of chocolate**

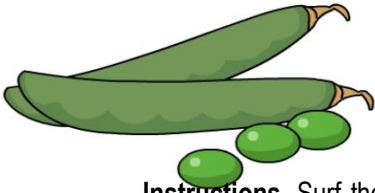
- b) Look at the words and select them into the right category

water – bread – lemons – chocolate – sugar – tea – milk – oranges- cheese – coffee – eggs –grapes – a bar of chocolate - chicken – butter – a loaf of bread – peach – a cup of tea – honey

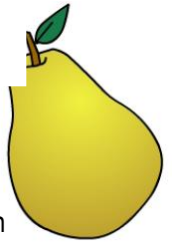
- ____ money ____
- ____ ponds ____
- ____ cup of tea ____
- ____ sugar ____
- ____ bar of chocolate ____
- ____ ice-cream ____
- ____ rice ____
- ____ glass of water ____
- ____ coffee ____
- ____ cake ____
- ____ eggs ____
- ____ orange ____
- ____ bunch of grapes ____
- ____ coins ____
- ____ apple ____
- ____ salt ____

Countable

Uncountable



Student's name _____ Date _____ Grade _____





FRUITS OR VEGETABLES...???

Instructions. Surf the internet or other resource to investigate the qualities of a fruit or vegetable. You can type the following question to find out better information "Why is/are _____ (name of fruit or vegetable) good for us? Use the research to complete the information below.

3. Check or write in the name of the fruit or vegetable you choose to research.

Fruits: ☐ bananas ☐ apples ☐ oranges other _____
Vegetables: ☐ spinach ☐ peppers ☐ eggplants other _____

4. Write a list of the nutrients this fruit or vegetable contains; e.g., types of vitamins or minerals, fiber...etc.

3. Circle one of the nutrients. Explain the health benefits it gives us.

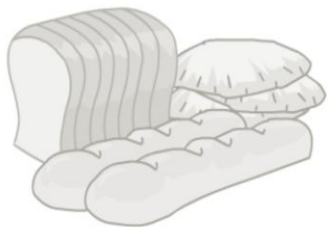
4. Write two interesting facts about your fruit or vegetable.

5. Describe a simple, healthy recipe for people that :

Name of the recipe:

Ingredients:

Steps:



HEALTHY DIET...long life!!!!!!

Read the description of two children in a common day.

Student's name _____ Date _____ Grade _____

Abbey gets up at 7:00 am, feeds the dog, and has cereal and a glass of juice for breakfast. She walks to school with her friend, Julia. She has a package of chips for a morning snack, drinks water from the water fountain, and has a chicken and lettuce sandwich with a banana for lunch. She likes to play soccer with her friends at lunch and morning break time. She walks home with Julia, has some crackers with cheese and fruit juice for afternoon snack and plays with the dog for a while. She plays computer games for an hour or two before dinner, then has a shower and does her homework. She watches her favorite television show for an hour, and then usually goes to bed at about 9:30 pm.

Carl gets up at 8:30 am and has two slices of toast with jam with a glass of milk for breakfast. His mother drives him to school on her way to work. He eats cookies and a packaged fruit drink for morning snack and a pot pie ordered from the school cafeteria with a fruit drink for lunch. He likes to play card games with his friends at lunchtime and climb the fixed equipment at morning break time. He catches the bus home, has a cereal bar and a can of soda for afternoon snack, then watches some television. He has a shower before dinner, and then plays the computer for an hour or two. He goes to bed at about 10:30 pm.

1. Use the information from the text to rate the different aspects of the two lifestyles.

Health aspects	Abbey	Carl	You
Diet			
Sleep			
Exercise			
Relaxation			

2. Read the following statements, and then decide if they are true T or false F.

- a) Both of them have a healthy life. _____
- b) Abbey has a glass of milk as a snack. _____
- c) Abbey doesn't take the bus to get school. _____
- d) Carl plays soccer with his friends _____
- e) Carl get the bus to come back home. _____

