Worksheet: The boy who learned to fly

1. Complete the sentences with the correct form of the verb in brackets **(*Past Simple* or *Past Continuous*):**
2. Usain \_\_\_\_\_\_\_ (grow) up in Jamaica, where he loved running.
3. While he \_\_\_\_\_\_\_ (train) on the track, his friends \_\_\_\_\_\_\_ (play) soccer.
4. One day, he \_\_\_\_\_\_\_ (feel) nervous because of the pressure to succeed.
5. His coach \_\_\_\_\_\_\_ (encourage) him while he \_\_\_\_\_\_\_ (prepare) for his race.
6. Usain \_\_\_\_\_\_\_ (realize) that he needed to focus when he \_\_\_\_\_\_\_ (talk) to his coach.
7. Complete the sentences using the ***Past Perfect*** ***Simple***form of the verbs in brackets:
8. By the time Usain won his first big race, he \_\_\_\_\_\_\_ (overcome) many challenges.
9. His coach knew Usain was special because he \_\_\_\_\_\_\_ (see) his talent from the start.
10. Usain felt confident because he \_\_\_\_\_\_\_ (train) for years.
11. Before he became famous, Usain \_\_\_\_\_\_\_ (dream) of being the fastest man in the world.
12. The audience cheered because Usain \_\_\_\_\_\_\_ (break) the record.
13. Choose the correct verb **form (*Past Simple*, *Past Continuous*, or *Past Perfect*)** to complete the sentences:
14. While Usain \_\_\_\_\_\_\_ (run), he suddenly \_\_\_\_\_\_\_ (hear) the crowd cheering loudly.
15. Usain \_\_\_\_\_\_\_ (not give up) because he \_\_\_\_\_\_\_ (promise) himself to never quit.
16. By the time the race started, he \_\_\_\_\_\_\_ (prepare) himself mentally and physically.
17. His coach \_\_\_\_\_\_\_ (watch) him closely while he \_\_\_\_\_\_\_ (practice) at the track.
18. Usain \_\_\_\_\_\_\_ (feel) proud because he \_\_\_\_\_\_\_ (achieve) his dream.
19. Fill in the blanks using the correct past tense **(*Past Simple, Past Continuous, or Past Perfect*).**

Usain Bolt is known as the fastest man in the world. But his journey to success was not easy. When Usain \_\_\_\_\_\_\_ (be) a boy, he \_\_\_\_\_\_\_ (love) running more than anything. While other kids \_\_\_\_\_\_\_ (play) games, he \_\_\_\_\_\_\_ (practice) on the track.

One day, Usain \_\_\_\_\_\_\_ (face) a difficult challenge. He \_\_\_\_\_\_\_ (lose) an important race because he \_\_\_\_\_\_\_ (not train) hard enough. After the race, his coach \_\_\_\_\_\_\_ (tell) him, “You can be great if you work harder.” Usain \_\_\_\_\_\_\_ (decide) to never give up again.

By the time he \_\_\_\_\_\_\_ (win) his first gold medal, Usain \_\_\_\_\_\_\_ (overcome) his fears and \_\_\_\_\_\_\_ (become) an inspiration to millions of people around the world.

1. There is one mistake in each sentence. Identify it and rewrite the sentence correctly.
2. Usain was running when he wins his first race.  
   ➡ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. By the time the coach arrives, Usain was already finished his practice.  
   ➡ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Usain trained hard while he was prepared for the championship.  
   ➡ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. He had broke the record before the crowd cheered for him.  
   ➡ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. While Usain ran, he was feeling confident about his speed.  
   ➡ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. Write 5-7 sentences describing a time when you worked hard to achieve something. Use at least two different past tenses ***(Past Simple, Past Continuous, or Past Perfect).***

**Example:**  
*“When I was younger, I wanted to learn how to ride a bike. At first, I felt scared because I had never tried it before. While I was practicing, my parents encouraged me to keep going. After I fell a few times, I finally learned how to ride! I felt so proud because I had worked so hard to achieve my goal.”*