ZERO FOOD WASTE

A' Class

WORKSHEET 1

Synchronous Stage (45 minutes)

1. WARM UP

PART 1 Consolidation of previous knowledge about advice

- a. Who do you ask for advice and why?
- b. What is the best advice you've ever received? Share it with your classmates.
- c. Watch the video and fill in the box with 10 ways of giving advice.

https://www.youtube.com/watch?v=f0mnx0_LWko&t=67s

d. Write in pairs an example for each way of giving advice.

WAYS OF GIVING ADVICE	Example of your own

2. Speaking Activity: Intro to the new topic of Zero Food waste

- a. Raise your hand if you think that your family wastes more food than it consumes.
- b. Raise your hand if you have to throw food in your family because it's gone bad.
- c. In your opinion, is this bad and why?
- 3. **Homework**: (asynchronous stage) Watch the video on saving food and try to answer the following questions. Write down the answers in your notebook and bring them in class to share and check with your classmates.

https://www.youtube.com/watch?v=0eqxgvZNn0I&t=1s

- 1. How much food is lost and wasted every year around the world?
- 2. Why is this pity?
- 3. What do we call 'food chain'?
- 4. When is the food wasted? And what else is wasted too?
- 5. How much water is needed to make a loaf of bread?
- 6. How does food waste harm the environment?
- 7. What are the advantages of reducing food waste?
- 8. Write down as many tips as you can on how to reduce food waste.

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WORKSHEET 2

SYNCHRONOUS STAGE (45 min)

1. Intro

Share your answers from the video and check them in class. Make all together a Hexagon analysis on board using the answers to the highlighted questions.

Tips to complete your hexagons:

- ✓ Put the main concept you analyse in the centre of the hexagon.
- ✓ Put the related concepts and ideas around the main concept, one per hexagon side.
- ✓ Try to put the concepts and ideas one next to the other, in a logical order, showing how they are related.



- 2. **Speaking activity:** I have decided to reduce food waste and I am asking for your help. Listen to Mrs Felliou, take notes, discuss in pairs and decide on two pieces of advice to report in class. You can use some of the ideas below. Remember to use different ways to give me advice.
- 3. Homework : The steps will be explained in class.

Make your own zero waste recipe.

Step 1: Give a **name** to your recipe, write the **ingredients**, **step-by-step instructions** and include a **picture of your zero waste food** once you make it. Don't forget to write **your name and class** in the end! Insert your recipe in the following google doc.

https://docs.google.com/document/d/1q6JVq5i7zC74yyK0kOghcbdANxqCAKSy8f21c3Pftng/edit ?usp=sharing

Step 2: Mrs Felliou will check all the recipes to make sure that all of them are based on the concept of zero waste. You will check her notes in a word document below to see if there are any changes to make.

Step 3: In the end, a glossary will be added. Check if any of the words in the glossary are in your recipe. If there are, write the Greek word (based on what it means in the text).