The scariest moment in my life

The scariest moment in my life was when I got lost in a dense forest during a hiking trip. The sun was setting, and every path looked the same. My phone had no signal, and panic started to set in as I realized I was completely alone. Every sound—rustling leaves, snapping twigs—made my heart race. I imagined wild animals lurking nearby. After what felt like hours, I saw a distant flashlight beam and heard voices. A search team had found me. That moment of fear, uncertainty, and then overwhelming relief is something I'll never forget. It changed how I view safety.