

singles - doubles -
single paradiddle - double paradiddle
in 16ths

R L R L R L R L R L R L R L R L R L R L R L R L R L R L
 R R L L R R L L R R L L R R L L R R L L R R L L R R L L
 > R L R R L R L L R L R R L R L L R L R R L R L L R L R R L R L L
 > R L R L R R L R L R L L R L R L R R L R L R L R L R L R R L R

[illegible]