Modified Testimony as a Primary Source

Interviewee Name: _____ Experience Group: _____



Birth Date and Place:							
Additional Relevant Info:							
Directions: As you watch the clip of testimony, write facts that are presented in the left column. Use the right column to note emotions the interviewee demonstrates.							
Facts: Who, What, Where, When, Why, How List the topic, dates, event details, location (city, region, country), and names/groups as they are described by the speaker.	Emotions: What emotions did you notice? Notice facial and body expressions, tone of voice, pauses, and word choice.						
Reflection Prompts (After viewing the testimony clip)							
What event is this person recalling? How do they feel about the event?							
How did this person demonstrate courage throughout the experience they describe? What role did fear play in this person's courageousness?							
What role did kindness play in this person's story? How did this person show kindness, and how did others show kindness to this person? Did that kindness require courage?							
How did this person's decision to share their story require courage? Why is it important that they chose to share their story with others?							



Examples Capture Sheet



Directions: Use the following chart to brainstorm as many examples of each topic as possible. For example, consider "what does kindness (or courage, or resilience) look like in action?" and write down examples in the chart below.

Topic	Kindness	Courage	Resilience
Examples/Reflections			

Examples Capture Sheet Reflection Prompts

Directions: Complete the following reflection prompts once instructed to do so by your teacher.

- 1. When completing the Complexity Scale and Examples Capture Sheet Activity, how many times were you thinking about personal stories or experiences to help you consider additional perspectives, ideas, or examples?
- 2. What might this communicate about the relationship between stories to kindness, courage, and resilience?
- 3. Social-Emotional Learning Skill Reflection Self-Awareness: How can the stories of others, like the testimonies that will be shared in the Virtual Field Trip today, highlight the importance of using your own story to promote kindness, courage, and resilience in your community?



VFT Theme Note Catcher



The stories and testimonies of others can help us better understand our shared human experience and build empathy for others. As you participate in the Virtual Field Trip, use this note catcher to capture your own reflections about each of the major themes below. Consider how each story you hear makes you feel, what questions you have about the individual's story, and the experiences others have shared or that you may share with others.

Kindness	
Emotions	
Questions	
Connections	
Courage	
Emotions	
Questions	
Connections	
Resilience	
Emotions	
Questions	
Questions Connections	
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Opportunities for Kindness



Directions: After completing the Virtual Field Trip, reflect on your own opportunities to show kindness, courage, resilience, or to share your own story, through the reflection prompts below. Be prepared to share your reflection prompts with your peers.

1.	What opportunities do I have to show kindness, courage, or resilience to others in my community?
2.	How will taking advantage of these opportunities require courage from me?
3.	What is my story? How might sharing this story take courage?
4.	What opportunities might I have to share my story?
5.	How might sharing my own story inspire kindness, courage, or resilience in others?



The Complexity Scale



Directions: After completing the Virtual Field Trip and Opportunities for Kindness activity, provide a rating on the complexity scale for each of the three topics. Once you have rated each topic, provide a brief explanation of your rating through the prompt provided.

Topic 1: Kindness											
Circle the location on the complexity scale to show your rating.											
Simple	0	0	0	0	0	0	0	0	0	0	Complex
Reflect: Explain your rating—why did you choose to rate kindness as a more simple or more complex topic? How has your understanding of kindness developed as a result of this Virtual Field Trip?											
Topic 2: Courage											
Circle th	ne locat	ion on	the com	plexity	scale to	show y	our rat	ing.			
Simple	0	0	0	0	0	0	0	0	0	0	Complex
Reflect: Explain your rating—why did you choose to rate courage as a more simple or more complex topic? How has your understanding of courage developed as a result of this Virtual Field Trip?											
Topic 3: Resilience											
Circle the location on the complexity scale to show your rating.											
Simple	0	0	0	0	0	0	0	0	0	0	Complex
Reflect: Explain your rating—why did you choose to rate resilience as a more simple or more complex topic?											

How has your understanding of resilience developed as a result of this Virtual Field Trip?

