

Part 1 - copy/study - 21 words (1-21)

Word	Definition	Example	Synonym	Antonym	Word Family
anchor (n)	a heavy metal object, usually shaped like a cross with curved arms, on a strong rope or chain, which is dropped from a boat into the water to prevent the boat from moving away	We dropped anchor and stopped to have a swim.			anchorage
1 at the crack of dawn (phr)	very early in the morning	She had to leave at the crack of dawn.			
2 bargain (v)	to discuss the terms of a sale, purchase, or exchange	My husband bargained for a lower price on the furniture we wanted	negotiate	- παζαρεύω	
3 broaden (v)	to become wider or make something become wider	The road crew will broaden the highway this summer.	stretch, widen	limit, narrow	
canoe (v)	to ride a canoe	How long did it take you to canoe across the river?	διευρύνω		canoeist, canoeing
4 confident (adj)	having trust or faith; satisfied and sure	We are confident that our team will win	certain, positive, sure	apprehensive, hesitant, uncertain	confidently, confidence ΟΙΤΟΠΕΠΟΙΘΗΣΩΝ
contact (v)	to be in communication with	Give the names of two people who can be contacted in an emergency	communicate with, reach		
countless (adj)	very great in number; not able to be counted	I've heard this song countless times on the radio	endless	few	countlessly
craft (n)	something that someone has made in a skilful way using their hands	Let's buy souvenirs from a shop with crafts	art, handicraft		
customer (n)	a person who buys products or services	The store held a special sale for its regular customers	consumer		
5 destination (n)	the place that someone or something is going to	After a five-hour flight, we reached our destination			
6 exchange programme (phr)	an arrangement in which a student, teacher etc visits another school or university to work or study	I'm here for one term, on an exchange programme with Dr. Yank.	προγράμμα ανταλλαγής μαθητών ή φοιτητών		
experience (v)	if you experience a problem, event, or situation, it happens to you or affects you	We experienced a lot of difficulty in selling our house.			experience, experienced
eye-catcher (n)	something especially noticeable because of its appearance	Her dress is an eye-catcher.			eye-catching
7 fancy (v)	to like or be fond of	Mary doesn't fancy going out tonight	adore, like		fancily, fanciness
Far West (n)	a region in the United States	Sheriffs were officers of the law in the Far West.			
8 gaze (v)	to look steadily	He gazed into my eyes	peer, stare		
9 get on board (v)	get on a ship, plane, or spacecraft	Come on children; it's time to get on board.	πειβιβαζομένη		
get on board (phr)	get on a ship, plane, or spacecraft	Come on children; it's time to get on board.			
ghost town (n)	a town that has been deserted, especially one in the American West where gold or silver mines have closed	Spinalonga is considered to be a ghost town since the island was abandoned when all its inhabitants were cured.			
10 haunt (v)	to live in or visit as a ghost	It is said that ghosts haunt that old, empty house.			haunted

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head (v)	to move toward a certain goal or in a certain direction	I am heading for the nearest station.			
11 head for (phr)	go towards	The ship was heading for Crete.			
headmaster (n)	a male teacher who is in charge of a school; head teacher [principal AmE]	The parents have a meeting with the headmaster.			
hike (v)	to take a long walk in the country for fun, exercise, or training	We hiked in the forest near our house			hiker, hiking
icy (adj)	made of, covered with, or looking like ice	Watch out for the icy pavements.			
12 maze (n)	a complicated system of paths where you can easily become lost = λαβύρινθος	We got completely lost in the maze.			
moonlight (n)	the light of the moon	We dined by moonlight.			
13 peak (n)	the top part of a mountain	Mytikas is the highest peak of Mount Olympus.	crest, height, summit		
14 picturesque (adj)	something that is as pleasing or interesting to look at as a picture or painting	We stayed in a picturesque cabin by the lake.	quaint	ugly	picturesquely
15 rapid (adj)	moving quickly	The rapid water in the middle of the stream is dangerous to swim in.	fast, quick, swift	slow	rapidly, rapidness = swiftness
16 satisfy (v)	to give what is wanted or needed	The small snack didn't satisfy her.	appease, content, please	disappoint, frustrate	satisfying, satisfied, satisfaction = contentment
stream (n)	a moving line of liquid, gas, smoke, etc	A stream of smoke was coming from the chimney.	flow, river		
sunbathe (v)	to sit or lie outside in the sun, especially in order to become brown	You shouldn't sunbathe between 12 and 4 p.m. as you may get a sunburn.			sunbathing
17 turn down (phr)	to refuse an offer or request	She turned down my invitation.			

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18 admit (v)	to allow someone to enter somewhere	This movie ticket admits one.	accept, let in	exclude, expel, reject	admission = acceptance
19 await (v)	to wait for; look forward to	We eagerly awaited our grandparents' visit.	expect, wait for		
before (prep)	in a position in front of someone or something	The students performed the play before their families.			
blind (adj)	not able to see; having no sight	A large dog led the blind man across the street.	sightless		blindness
20 by the way (phr)	used when you say something that does not relate to what is being discussed	By the way, have you ever met his wife?	incidentally = ΕΤΤΙ ΤΗ ΣΥΚΑΙΡΙΑ		
21 dimension (n)	a measurement of the length, width, or height of something = διαστάση	The dimensions of the box are two feet long, one foot wide, and six inches deep.			

Part 2 - copy/study- 22-42 (21 words)

22	disabled (adj)	having an illness, injury, or condition that makes it difficult to do the things that other people do	αναπηρός αναπηρός	The accident left him severely disabled.	
23	display (n)	a performance or a collection of things for people to look at		There is always a fireworks display on New Year's Eve.	exhibition, presentation show
24	excitement (n)	when people feel very happy and enthusiastic		Their excitement about summer vacation made it difficult to pay attention in class.	enthusiasm, stir
25	facility (n)	a building made or used for a particular activity	εγκαταστασίας	The new sports facility will offer evening basketball.	building
	firework (n)	a small object that explodes to produce a loud noise and bright colours and is often used to celebrate special events		We saw a New Year's Eve fireworks display.	
26	giggle (n)	a silly or nervous laugh		Stop that giggling at the back!	laughter
27	keep in mind (phr)	to remember or think about someone or something when you are doing something		You must always keep the reader in mind when writing an article.	
28	keep in touch (phr)	keep writing or talking, even though you do not see each other often		I met him when I worked in Rome, and I've kept in touch with him ever since.	keep contacting
29	look forward (v) to	to be excited and pleased about something that is going to happen	ανυπομονώ	I'm really looking forward to our vacation.	
30	ordinary (adj)	usual or normal		In their real life film stars are just ordinary people, like you and me.	everyday, normal, regular, usual + odd, special, strange ordinarily
	P.S. (abb)	an abbreviation for postscript used when you want to add extra information at the end of a letter or email		At the end of the letter, she wrote "P.S. I'll call you next week."	
31	pick sb up (v)	to let someone get into your car, boat etc and take them somewhere		The survivors were picked up by fishing boats.	
32	purpose (n)	why you do something or why something exists		The purpose of wearing boots is to keep your feet warm and dry.	aim, end, goal, objective purposeful, = confident purposeless

33	regret (v)	to feel sorry about a situation, especially something that you wish you had not done	The prisoner regretted his mistakes.	regrettable, = sorry regrettably
	ride (n)	a large device, such as a merry-go-round or roller coaster, that people ride for fun	They went on all the rides at the fair.	
	roller coaster (n)	an exciting entertainment which is like a fast train that goes up and down very steep slopes	The roller coaster is my favourite ride as I am an adventurous type.	
	rubber raft (n)	A small flat rubber boat filled with air, used for example if a boat sinks	Lifeguard rescue teams use rubber rafts.	
	screen (n)	a flat surface in a cinema, on a television or a computer system on which pictures or words are shown	I bought a computer with an 19-inch screen.	screening
34	sensational (adj)	very exciting or extremely good	We aren't fooled by sensational ads on TV.	fantastic + dull =boring
35	separately (adv)	apart; not together; in a separate way	My parents live separately.	
36	sight (n)	something which you see, especially something interesting	So, Maria's showing you the sights of Athens, is she?	spectacle
37	slide (n)	a large object that children climb and slide down as a game = τσουλίθρα	There are slides and swings in the playground.	chute
38	spin (v)	If something spins or you spin something, it turns around and around quickly	I felt my head spinning after attending the lecture.	roll, rotate, swirl = στριφογυρίζω
39	splash (v)	= πλατασούριζω to move in water so that drops of it go in all directions	We splashed in the ocean.	
	sunscreen (n)	a cream or oil that you put into your skin to stop the sun from burning you	You should always put on sunscreen in the sun.	
	theme park (n)	a park with entertainments, such as games, machines to ride on, restaurants, etc, that are all based on one idea	Disneyland is one of the most famous theme parks.	
	thrill (n)	a strong feeling of excitement and pleasure	I felt a thrill as our car raced through the night	kick, quiver, tingle cascade, roll, topple
40	tumble (v)	to fall quickly and without control	The puppies tumbled over each other.	thrilling, thrilled
	twist and turn (phr)	if a path, road, stream etc twists and turns, it has a lot of bends in it	The river twists and turns through the green fields.	
41	unlimited (adj)	without any limits	The daily ticket gives unlimited access to all rides.	absolute, immeasurable
42	vary (v)	to change from time to time or as a result of some other change	His mood varies depending on the weather.	change varying, varied, variety = selection

Word	Definition	Example	Synonym	Antonym	Word Family
1) aim (v)	to direct toward or intend for	He aimed his remarks at me.	address, target, direct, level		
alley (n)	a building in which you can go bowling, or the narrow track along which balls are rolled during a bowling game.	The national maritime museum and a 12 lane bowling alley are always worth a visit.	bowling alley, lane		
2) alongside (adv)	next to someone or something	She rode her bicycle and he jogged alongside.	next to		
amateur (n)	someone who does something as a hobby and not as their job	Her father wants her to be a professional musician, but she is happy being an amateur.		professional	
3) ambitious (adj)	wanting to be successful or powerful	She has the ambitious goal of becoming a doctor someday.	aspiring, determined, enterprising	lazy	ambitiously
archery (n)	a sport in which you shoot arrows	An archery tournament takes place these days in China.			
4) average (adj)	usual and like the most common type	The average daily rainfall in April was one inch.	mean		
bet (v)	to risk money on the result of a game, competition, etc or something that you say to show that you believe that something is true or will happen	I bet you it will snow tomorrow.	gamble		bet, betting
bronze (n)	a shiny orange-brown metal	He was welcomed back as a hero as he was an Olympic bronze medallist.			
broom (n)	a brush with a long handle used for cleaning the floor	Get a broom to clean up the floor.			
champion (n)	person, animal, or team that wins a competition	The tennis champion Nadal was beaten by Federer.	victor, winner		championship
5) compete (v)	to try to win or get something that others are also trying to get	The two friends competed for the starring role in the play.	contend, fight		
6) concentric (adj)	of circles or spheres, having the same center	It is made up of concentrical rings like those of an onion.		eccentric	concentrically, concentricity
7) conduct (v)	to organize or do something	We are conducting a survey of consumer attitudes towards fast food.	carry out		
8) confirmation (n)	an announcement or proof that something is true or certain	The editor told the reporter that the story needed confirmation before it could be published.			
corridor (n)	a passage in a building or train with rooms on one or both sides	We had to wait outside in the corridor until our names were called.	hall, hallway, passage		
curling (n)	a game played on ice in which special flat round stones are slid towards a mark	Curling is a winter Olympic sport.			
9) demanding (adj)	needing a lot of your time, attention, or effort	Planning a wedding is a demanding task.	tough	easy	demandingly

10)	executive (adj)	relating to the job of managing a business or organization and making decisions = ΕΚΤΕΛΕΣΤΙΚΟΣ	His executive skills will be very useful to the company.			
11)	exhaust (v)	to make someone very tired	The long day at school exhausted her.	fatigue, tire, wear out		exhaustion, exhausted, exhausting, exhaustingly
12)	expense (n)	the money that you spend on something	His parents work hard to afford the expense of new school clothes.	cost, expenditure		
13)	extract (n)	a short piece of writing, music etc taken from a particular book, piece of music etc	I've only seen short extracts from the film.	concentrate, essence		extractable
	extreme sport (n)	a sport that is very dangerous and exciting	Bungee jumping is an extreme sport.			
14)	fairly (adv)	more than average, but less than very = quite	She is doing fairly well in school.	pretty		
	fencing (n)	the sport of fighting with thin swords (= weapons like long knives)	In fencing athletes wear masks to protect themselves.			
15)	financial (adj)	relating to money or how money is managed = εκονομικός	The company is having financial problems.			financially
16)	grip (v)	not slip; if something grips a surface, it stays on it without slipping = με κράτημα, που δε γλιστράει	These shoes grip on the ice.			
	handle (n)	a part of an object designed for holding, moving or carrying the object easily	Use the handles to open the drawer.	grip, shaft		
	invent (v)	to design or create something that has never existed before	Alexander Graham Bell invented the telephone in 1876.	conceive, devise, originate		invention, inventor
	judge (v)	to decide the winner or results of a competition	Competitors will be judged on speed and accuracy.	assess, determine		judgement
	lane (n)	a narrow road in the countryside or in a town	He drives fast along those narrow country lanes.	alley		
	Law of Physics (n)	general rule of the science concerned with the study of physical objects and substances, and of natural forces such as light, heat, and movement	The law of gravity is a law of Physics.			
	obviously (adv)	in a way that is easy to understand or see	Obviously the school cannot function without teachers.	clearly		
	official (adj)	approved by the government or someone in authority	There will be an official investigation into the causes of the explosion.	unofficial	officially	
17)	omit (v)	to not include something	She omitted the second page from the speech.	exclude	include	omission (n) - παραλειψη
18)	participate (v)	to be involved with other people in an activity (usually followed by "in")	All the children participated in making the cookies.	engage, join, share		participation, participatory, participant

19)	refer (v)	to talk or write about someone or something, especially briefly	She referred to his work in her speech.	allude, mention	
	referee (n)	someone who makes sure that players follow the rules during a sports game	They had to ask one of the spectators to act as the referee.	umpire	
20)	relay (n)	σε εφεδρεία		Which team won in the 100 metres relay?	
	replace (v)	to put in place of	They replaced the permanent staff with part-timers.		replaceable, replacement
21)	revive (v)	to bring back into use or popularity	Fashion designers like to revive old styles.	restore	revivable, revivably
	reward (n)	something given in exchange for good behaviour or good work	The police offered a reward for any information about the robbery.		punishment
	ring (n)	something that is the shape of a circle	The children sat in a ring around the teacher.	circle, round	ringlike
	score (v)	to get points in a game or test	He has scored 12 goals so far this season.		scorer
	scuba diving (n)	the act of swimming underwater while wearing special breathing equipment	Scuba diving lessons are offered at extra cost.		scuba diver
	shot put (n)	a sports event in which a heavy metal ball is thrown as far as possible	He had broken the world record in the shot put.		shot-putter
	slide (v)	to move easily along a surface	The children were sliding on the ice.	coast, glide	slidable
	sportscaster (n)	someone who describes a sports game as it is being broadcast on television	The sportscaster described the foul scene.		
22)	sum (n)	the number or amount that comes from adding two or more numbers	The sum of ten and ten is twenty.	amount, figure, total	
	survey (n)	an examination of opinions, behaviour, etc., made by asking people questions	A recent survey showed that 58% of people did not know where their heart is.	poll	
23)	take a peek (phr)	to look at something for a short time	You are not allowed to take a peek at others' writings.		
24)	take into consideration (phr)	remember to think about something important when you are making a decision or judgement	You will understand how tired I am if you take into consideration the fact that I haven't slept for two days.	take into account	

	president cannot perform his duties	marketing.		vice residency
25)	violation (n)	the act of breaking a law, rule, or agreement	There have been many instances of human rights violation.	breach, offense
		to raise your hand and move it		observance violational