Silver linings Playbook” movie

Reading Comprehension – Summary of the movie

After a stint in a mental institution, former teacher Pat Solitano moves back in with his parents and tries to reconcile with his ex-wife. Things get more challenging when Pat meets Tiffany, a mysterious girl with problems of her own.

Against medical advice and without the knowledge of her husband Pat Solatano Sr., caring Dolores Solatano discharges her adult son, Pat Solatano Jr., from a Maryland mental health institution after his minimum eight-month court ordered stint. The condition of the release includes Pat Jr. moving back in with his parents in their Philadelphia home. Although Pat Jr.'s institutionalization was due to him beating up the lover of his wife Nikki, he was diagnosed with bipolar disorder. Nikki has since left him and has received a restraining order against him. Although he is on medication (which he doesn't take because of the way it makes him feel) and has mandatory therapy sessions, Pat Jr. feels like he can manage on the outside solely by healthy living and looking for the "silver linings" in his life. His goals are to get his old job back as a substitute teacher, but more importantly reunite with Nikki. He finds there are certain instances where he doesn't cope well; however, no less so than some others who have never been institutionalized, such as his Philadelphia Eagles obsessed father who has resorted to being a bookie to earn a living, his best friend Ronnie who quietly seethes over the control wielded by his wife Veronica, and Veronica's widowed sister, Tiffany Maxwell, a girl with problems of her own. In their fragile mental states, Pat Jr. and Tiffany embark on a love/hate friendship based primarily on what help the other can provide in achieving their individual goals. But they may reevaluate their goals as their relationship progresses.

https://www.imdb.com/title/tt1045658/plotsummary/?ref\_=tt\_ov\_pl

1. a. Give your own definition to the expressions “mental illness” and “mood disorders” based on the text and the movie you have just watched in the class.

b. What do you think may trigger such a disorder? Bring examples from the movie and the incidents that took place in Pat and Tiffany’s lives.

1. How would you describe the personalities of Pat and Tiffany as they start to unravel and develop in the movie.
2. How important is the personality of Mrs Solatano in the whole story? How does she help everyone in the family and everyone involved in the movie?
3. Imagine you have to face such a situation in your family or close environment (friends, school, work, neighborhood). Would you be able to offer some help? How would you do this? (talk about things you should do).

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