

# Training and Responsibilities in Beauty and Hairdressing Careers

Health Sector Insights and Professional Duties

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# Importance of Health Sector Training



- Enhances appearance while promoting health and hygiene.



- Beauticians and hairdressers ensure client well-being by recognizing skin and hair conditions.

# Importance of Health Sector Training

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Proper training reduces risks of infections, allergies, and damage.



Emphasizes hygiene, sanitation, and a professional attitude.



Opens opportunities for growth as clients prioritize health and safety.

# ESSENTIAL TERMS FOR BEAUTICIANS AND HAIRDRESSERS

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# BEAUTY TOOLS

Hairdryer |  
Σεσουάρ

Curling iron |  
Σίδερο για  
μπούκλες

Straightener |  
Ισιωτικό  
μαλλιών

Clippers |  
Μηχανή  
κουρέματος

Scissors |  
Ψαλίδι

Comb | Χτένα

Brush |  
Βούρτσα  
μαλλιών

Razors |  
Ξυραφάκια

Tweezers |  
Τσιμπιδάκι για  
τα φρύδια

Nail clippers |  
Νυχοκόπτης

Nail file | Λίμα  
νυχιών

Makeup  
brushes |  
Πινέλα μακιγιάζ

Sponges |  
Σφουγγάρια

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# Skincare Products

Cleanser |  
Καθαριστικό  
προσώπου

Toner |  
Τονωτικό

Moisturizer |  
Ενυδατική  
κρέμα

Serum | Ορός

Sunscreen |  
Αντηλιακό

Exfoliator |  
Απολεπιστικό

Face mask |  
Μάσκα  
προσώπου

Eye cream |  
Κρέμα ματιών

Lip balm |  
Balm χειλιών

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# Common Skin Conditions

