



Giving medication

Dialogue:

- Doctor:** Mrs. Williams, I'm going to give you a couple prescriptions.
- Patient:** Great.
- Doctor:** The first medication is an anti-inflammatory. This is medicine to prevent inflammation in your knee joints. You should take one capsule twice a day as needed.
- Patient:** OK. Will it help with the pain?
- Doctor:** Yes. The second medication is a diuretic. This is medicine for your high blood pressure. You should take one tablet once a day.
- Patient:** Thank you. I really appreciate it.



Explaining medication.

This medicine is ...

This medication is...

an antibiotic

a fever reducer

a steroid

an antacid

a sedative

an anti-inflammatory

a diuretic

a cough suppressant

a pain reliever

a bronchodilator

This is medicine **for** ...

stomach acid

diabetes

infection

inflammation

sleep

allergies

headaches

pain

rashes

anxiety

nausea

asthma

This is medication **to** ...

stop pain

lower your blood pressure

reduce your cholesterol

help with your arthritis

take care of your rash

prevent nausea

prevent blood clots



Option.

Try the conversation again and change the prescriptions to other medications.



Prescription directions shorthand

QD	once a day	prn	as needed (for ...)
BID	twice a day	pc	after meals
TID	three times a day	ac	before meals
QID	four times a day	hs	at night
q4h	every 4 hours	d	day

more:

tab	tablet	od	right eye
cap	capsule	os	left eye
syr	syrup	po	by mouth
gtt	drop	pr	rectally
ung	ointment	sq	subcutaneous
cr	cream	tsp	teaspoon (5ml)
		tbsp	tablespoon (15ml)

Try a few of these. What are the directions you should tell the patient?

- 1 TID _____
- 2 q4h prn _____
- (apply) QD prn rash _____
- 2 gtt os TID _____
- 1 BID pc prn pain _____
- 1 tsp TID x 7d _____

Make a couple yourself and have a partner write the directions.

- _____
- _____



Giving medication

Practice.

Write three sentences about these prescriptions.



a pain reliever

1 q6h prn pain

an antacid

1 QID prn heartburn

a steroid cream

TID x 7 days

a Cough syrup

5ml q4-6h prn Cough
