



# Human Rights

right of freedom of  
opinion and expression



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# About it

Freedom of expression is a fundamental human right, enshrined in article 19 of the Universal Declaration of Human Rights. However, there are governments and individuals in positions of power around the globe that threaten this right. Other types of freedom of opinion and expression, including conscientious objection to military service, are also increasingly under pressure.



# Article 19

“Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.”

Article 19; Universal Declaration of Human Rights



# Freedom of Expression

It includes:

- freedom of the press and other media
- freedom to receive or impart information or ideas
- freedom of artistic creativity
- freedom of academic and scientific research