Identity is “the distinguishing character or personality of an individual” (Merriam Webster dictionary). Identity is “the qualities, beliefs, personality, looks and/or expressions that make a person (self-identity) or group (particular social category or social group)”…. “A psychological identity relates to self-image (one's mental model of oneself), self-esteem, and individuality”. https://en.wikipedia.org/wiki/Identity\_(social\_science)

In other words, identity is who you are, the way you think about yourself, the way you are viewed by the world and the characteristics that define you: your personality traits, beliefs, values, physical attributes, abilities, aspirations, and other identifiers that make you who you are. Identity is shaped by many different aspects, such as family, culture, friends, personal interests and surrounding environments