**Lesson Plan: Exploring Ancient Greek Clothing and Grooming Habits**

**Warm-up: watch the video about**

**Clothing and fashion style : Ancient Greece**

[**https://www.youtube.com/watch?v=lrY6qH4WtmQ**](https://www.youtube.com/watch?v=lrY6qH4WtmQ)

**Clothing through time: Classical Greece, 500 BCE to 323 BCE**

[**https://www.youtube.com/watch?v=koFhQMUkW4Y**](https://www.youtube.com/watch?v=koFhQMUkW4Y)

Wednesday, November 13, 1968

I learned very interesting things during the history lesson today.

Our teacher explained that in Ancient Greece both men and women used to wear linen in summer and wool in winter.

Their clothes were simple tunics and warm togas.

They also enjoyed using mirrors and hairbrushes.

Women kept their hair long, in braids, or wore it in ponytails.

Men used to have their hair short and they usually had a beard, too.

Both men and women used to wear perfume

**Objective:**

* By the end of the lesson, students will be able to describe in Simple Past the clothing and grooming habits of Ancient Greeks, understanding the significance of these practices in their society.

**Materials Needed:**

* Text: "Wednesday, November 13, 1968" excerpt
* Images of Ancient Greek clothing and grooming tools (optional)
* Paper and pencils for drawing activity

**Introduction (10 minutes):**

1. Begin by asking students if they know anything about Ancient Greece and ask them to watch a video.
2. Share the excerpt from "Wednesday, November 13, 1968" with the class.
3. Discuss the key points mentioned in the text: clothing materials, types of clothing, grooming habits, and use of perfume.

**Body of the Lesson (25 minutes):** 4. Break down the information provided in the text:

* Explain the significance of linen and wool in Ancient Greek clothing.
* Describe the difference between tunics and togas, and their purposes.
* Discuss grooming habits such as hair length and styles for men and women.
* Highlight the importance of mirrors, hairbrushes, and perfume in Ancient Greek culture.

1. Show images of Ancient Greek clothing and grooming tools to help students visualize the concepts discussed.
2. Facilitate a discussion on why these clothing and grooming practices were important in Ancient Greek society. Encourage students to think about factors such as climate, social status, and cultural norms.

**Activity (15 minutes):** 7. Divide the class into pairs or small groups.

1. Provide each group with paper and pencils.
2. Instruct students to draw a scene depicting Ancient Greeks wearing the described clothing and using grooming tools. Encourage them to include details from the text.
3. Allow time for groups to complete their drawings.
4. Afterward, have each group present their drawings to the class, explaining the elements they included and why they chose them.

**Conclusion (5 minutes):** 12. Recap the key points discussed in the lesson.

1. Encourage students to reflect on what they have learned about Ancient Greek clothing and grooming habits.
2. Emphasize the importance of understanding different cultures and their traditions.

**Homework (optional):** 15 (**Ancient Greece | Educational Videos for Kids**

[**https://www.youtube.com/watch?v=IUZKg3KdtYo**](https://www.youtube.com/watch?v=IUZKg3KdtYo) )

Assign students to watch a video,research and write a short paragraph about another aspect of Ancient Greek culture, such as food, architecture, or sports.

**Assessment:**

* Observe students' participation in discussions and group activities.
* Review the accuracy and detail of students' drawings during the activity.
* Evaluate students' comprehension through any written reflections or homework assignments.