

LESSON MAP

HOW DO YOU FEEL TODAY?

FOLLOW THE STEPS TO COMPLETE OUR JOURNEY!

1

HOW DO YOU FEEL TODAY?

Task: Choose an emoji and complete the sentence: "I feel ___ because ___"

Post it on our class Padlet!



🎵 BECAUSE I'M "HAPPY"

Step 1: Watch & listen .

Answer: "How does this song make you feel?"

2

Step 2: Play on LyricsTraining → fill in missing words with your partner.

Step 3 : In groups, discuss & choose:

- What is the main emotion expressed in the song?
a. anger b. happiness c. sadness d. boredom
- What metaphor does the singer use to describe his mood?
a. A heavy rock b. A closed room c. A hot air balloon
- What does the lyric 'a room without a roof' mean?
a. Feeling limitless b. Feeling tired c. Feeling confused
- How would you describe the song's overall tempo?
a. Slow and sad b. Moderate and calm c. Fast and energetic

3

🏀 TOSS THE BALL-CIRCLE OF JOY

In class: Say "I feel happy when I..."

At home: Create your avatar on Voki.com & record 1-2 sentences.



4

EXIT TICKET

Complete on a post-it:

"Today I feel ___ because ___"

Draw, write or use emojis.

Stick it on the board before you leave.

