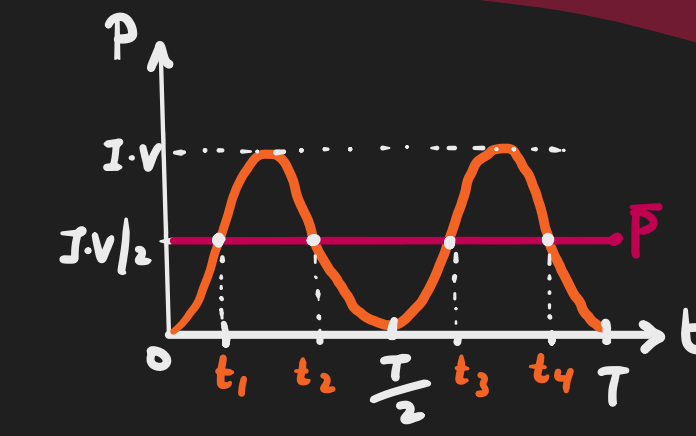
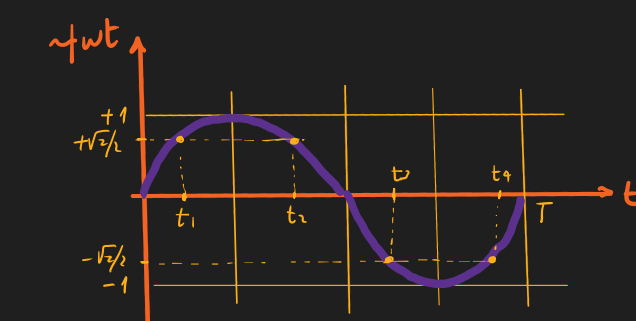


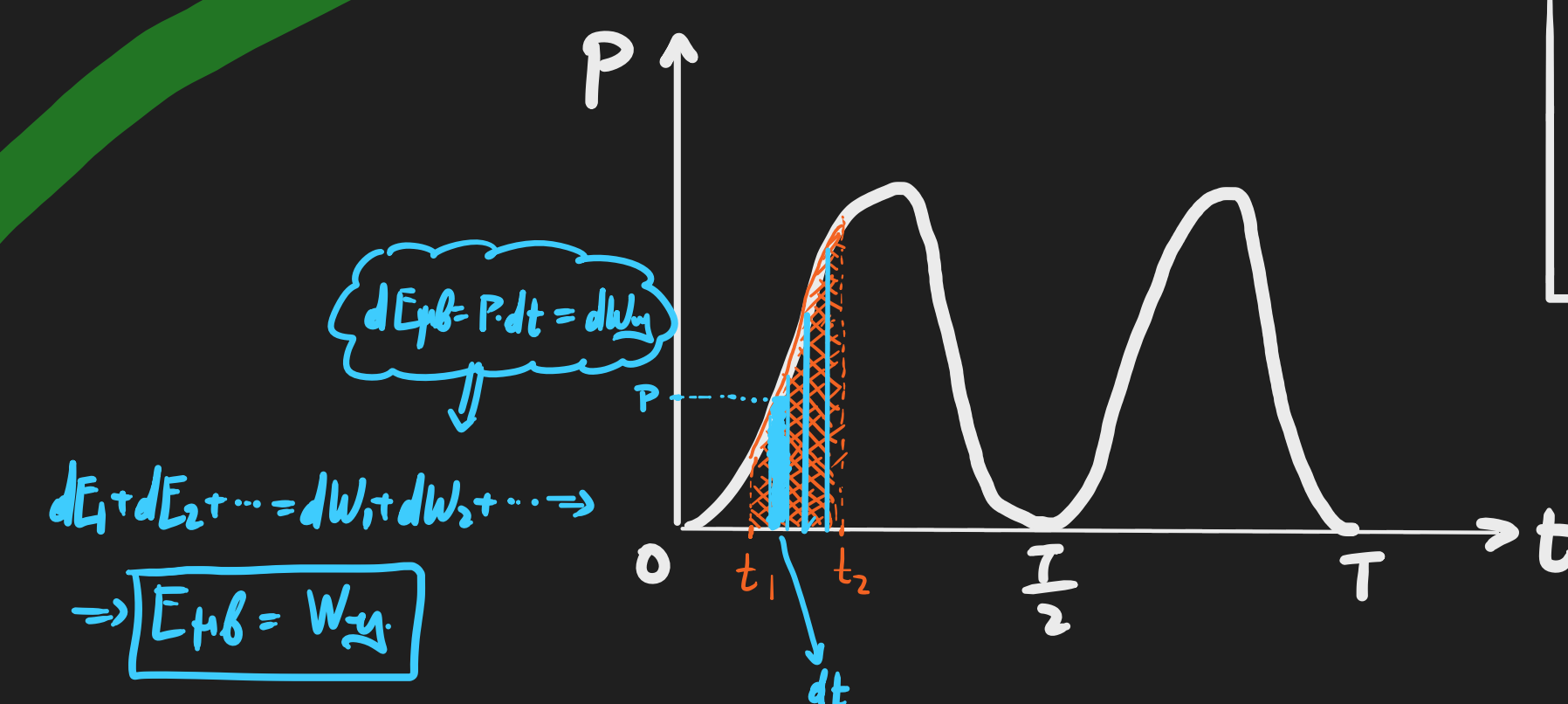
Exat: $P = i \cdot V = I \cdot \cos \phi \cdot V \cdot \cos \phi = I \cdot V \cdot \cos^2 \phi$
 Exat: $\bar{P} = I_{\text{eff}} \cdot V_{\text{eff}} = \frac{I}{\sqrt{2}} \cdot \frac{V}{\sqrt{2}} = \frac{I \cdot V}{2}$



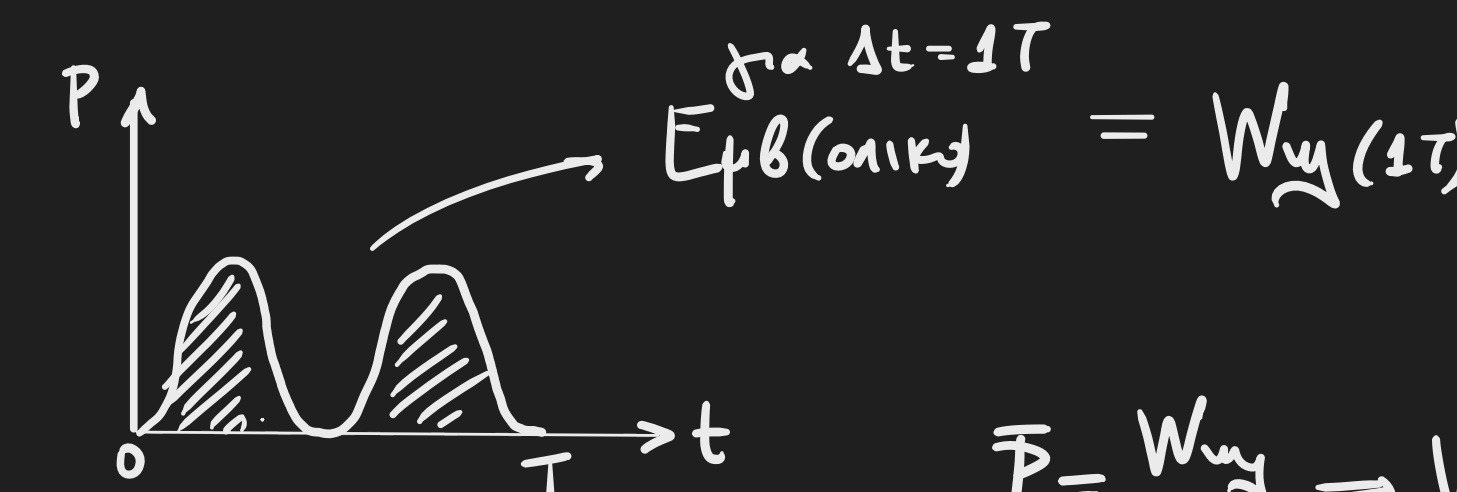
$P = \bar{P} \Rightarrow I \cdot V \cdot \cos^2 \phi = \frac{I \cdot V}{2} \Rightarrow \cos^2 \phi = \frac{1}{2} \Rightarrow \cos \phi = \pm \frac{1}{\sqrt{2}} = \pm \frac{\sqrt{2}}{2} = \pm \cos \frac{\pi}{4}$



$\omega t = 2k\pi + \frac{\pi}{4} \Rightarrow \frac{2\pi}{T} t = \frac{\pi}{4} \Rightarrow t = \frac{T}{8} \quad (t_1)$
 $\omega t = 2k\pi + \frac{3\pi}{4} \Rightarrow \frac{2\pi}{T} t = \frac{3\pi}{4} \Rightarrow t = \frac{3T}{8} \quad (t_2)$
 $\omega t = 2k\pi - \frac{\pi}{4} \Rightarrow \frac{2\pi}{T} t = 2k\pi - \frac{\pi}{4} \Rightarrow t = \frac{7T}{8} \quad (t_3)$
 $\omega t = 2k\pi - \frac{3\pi}{4} \Rightarrow \frac{2\pi}{T} t = 2k\pi - \frac{3\pi}{4} \Rightarrow t = \frac{5T}{8} \quad (t_4)$

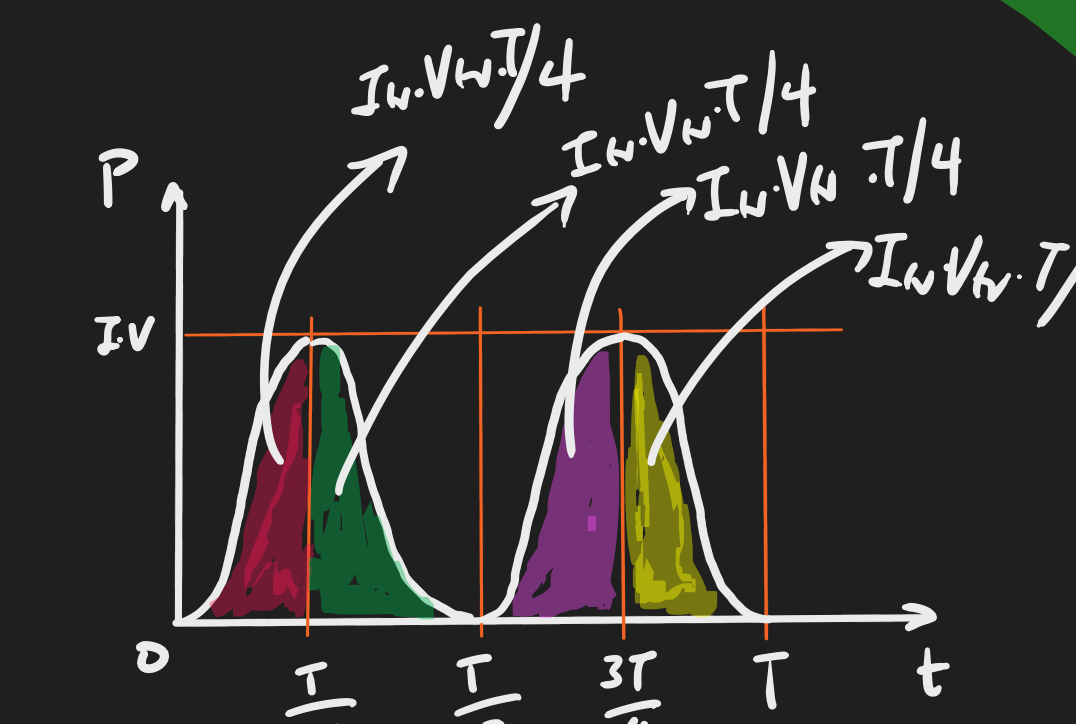


$P = \frac{dW_{\text{avg}}}{dt} \Rightarrow dW_{\text{avg}} = P \cdot dt$



$\bar{P} = \frac{W_{\text{avg}}}{T} \Rightarrow W_{\text{avg}} = \bar{P} \cdot T$
 $\bar{P} = I_{\text{eff}} \cdot V_{\text{eff}} = \frac{I}{\sqrt{2}} \cdot \frac{V}{\sqrt{2}} = \frac{I \cdot V}{2}$

$W_{\text{avg}}^{(1T)} = I_{\text{eff}} \cdot V_{\text{eff}} \cdot T$
 $W_{\text{avg}}^{(1T)} = 0.11 \text{ kJ} = 110 \text{ J}$

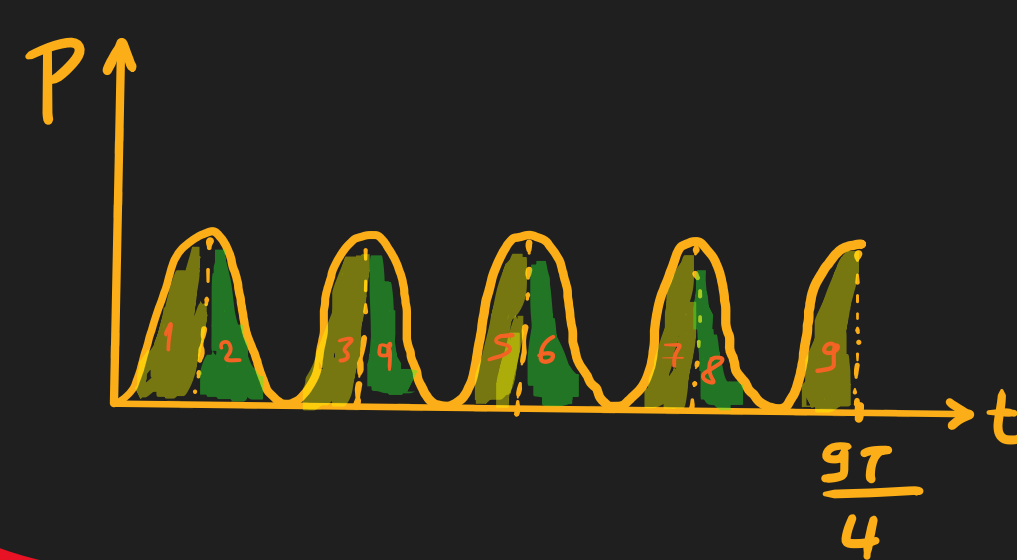


$W_{\text{avg}} = N \cdot I_{\text{eff}} \cdot V_{\text{eff}} \cdot \frac{T}{4} \quad (\text{for } \Delta t = N \cdot \frac{T}{4})$

Naupadhyata: $i = 10 \cdot \cos 2\pi t$
 $R = 10 \Omega$
 $W_{\text{avg}} = ?$
 $\Delta t = 2.25 \text{ sec}$

$i = I \cdot \cos \omega t$
 $i = 10 \cdot \cos 2\pi t$
 $I = 10 \text{ A}$
 $\omega = 2\pi \text{ rad/s} \Rightarrow T = \frac{2\pi}{\omega} = \frac{2\pi}{2\pi} = 1 \text{ sec}$

$\Delta t = N \cdot \frac{T}{4} \Rightarrow 2.25 = N \cdot \frac{1}{4} \Rightarrow N = 9$



$W_{\text{avg}} = I_{\text{eff}} \cdot V_{\text{eff}} \cdot \frac{9T}{4} = I_{\text{eff}}^2 R \cdot \frac{9T}{4} =$
 $= \frac{I^2}{2} R \cdot \frac{9T}{4} = \frac{10^2}{2} \cdot 10 \cdot \frac{9 \cdot 1}{4} = \frac{9000}{4} \text{ Joule} \therefore$