

UNIT 6

Fast Fashion & the Environment

1. Tempting

Something very attractive that makes you want to have it, even if you shouldn't.

2. Impact

The effect or influence something has on a situation or the environment.

3. Fast fashion

Cheap, quickly produced clothing that follows the latest trends.

4. Collections

Groups of clothing items designed and sold together.

5. Catwalk

The long stage where models show clothes during fashion shows.

6. Toxic

Poisonous or harmful to people, animals, or the environment.

7. Pollution

The process of making air, water, or land dirty and unsafe.

8. Textile

Any type of cloth or fabric.

9. Dyeing

The process of adding color to fabric.

10. Hazardous

Dangerous or risky.

11. Regulated

Controlled by rules or laws.

12. Bio-accumulative

Describes a substance that builds up in living organisms over time.

13. Carcinogenic

Able to cause cancer.

14. Polyester

A common synthetic (man-made) fabric used in clothing.

15. Microfibres

Very tiny pieces of plastic that come off synthetic clothes when washed.

16. Aquatic life

Animals and plants that live in water.

17. Pesticides

Chemicals used to kill insects or other pests that damage crops.

18. Genetically modified (GM)

Plants or animals whose DNA has been changed by scientists.

19. Superweeds

Weeds that have become resistant to normal pesticides.

20. Textile waste

Clothes or fabrics that are thrown away instead of reused or recycled.

21. Disposable

Designed to be used once or for a short time and then thrown away.

22. Circular model

A system where materials are reused and recycled instead of thrown away.

23. Recycled content

Materials that come from used items instead of new resources.

24. Upcycling

Turning old or unwanted items into something new and useful.

25. Sustainable

Something that can be done without harming the environment or using up resources.

Vocabulary Exercises: Fast Fashion & the Environment

A. Match the words with their meanings

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|----------------|----------------|---------------------|
| 1. Tempting | 5. Pesticides | 8. Recycled content |
| 2. Toxic | 6. Sustainable | 9. Pollution |
| 3. Microfibres | 7. Textile | 10. Upcycling |
| 4. Disposable | | |

Definitions

- A. Very small pieces of plastic that come off synthetic clothes
- B. Turning old items into something new and useful
- C. Harmful or poisonous
- D. Something designed to be used once and then thrown away
- E. Using materials that come from old products instead of new ones
- F. Cloth or fabric
- G. Chemicals used to kill insects that damage crops
- H. Attractive and hard to resist
- I. The act of making air, water, or land dirty
- J. Something that does not harm the environment and can continue long-term

B. Fill in the gaps with the correct word

impact – fast fashion – toxic – recycled – superweeds – textile waste – organic – microfibres

1. When we wash polyester clothes, they release tiny _____ into the water.
2. Buying too many clothes leads to a lot of _____ that ends up in landfills.

3. Some chemicals used in dyeing clothes are _____ and dangerous for the environment.
4. _____ cotton is grown without harmful pesticides.
5. _____ are plants that no longer respond to normal pesticides.
6. Clothing made from _____ materials helps reduce waste.
7. _____ has a negative _____ on the environment because it encourages people to buy more and throw away more.