***Learning to fly*** – Module 4

Writing Production

Have you felt the need to “fly”? What are the obstacles on one’s way to freedom and non-conformity? Would you consider to “fly” along your own personal route? Develop your ideas in a well-structured essay. (150-200 words)

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<https://lifeclub.org/books/the-art-of-non-conformity-chris-guillebeau-review-summary>

*The Art of Non-Conformity by Chris Guillebeau*

The key message in this book:

**To break free of an unfulfilled existence you have to find out what you really want to get out of life and what you can offer the world that no one else can. Breaking free can be scary, but don’t let fear stand in your way. Instead, remember that you don’t have to live your life as other people expect you to – and strive to find security in your own competence.**

Actionable advice from the book:

**Make a “life list.”**

One way of figuring out what you really want to get out of life is to write down your idealized, perfect day and then make a “life list” – the things you would like to do at some point in your life. This will tie the structure of your ideal day (e.g., spending the majority of your time writing) to your focus on the larger goals (publishing a great novel within the next two years).

**Make a “to-stop-doing list.”**

One method to stop spending time on unnecessary distractions is to make a “to-stop-doing list” for tasks that bring you down without giving fulfillment or helping anyone. Try to come up with three to five things you currently do that drain your time and what you’ll probably discover is that many of these tasks can be removed without any serious repercussions. What’s more: getting them out the way will leave you with extra time for projects and activities you actually enjoy.